

## **The Rewards**

- 1.) Hope instead of desperation.*
- 2.) Faith instead of despair.*
- 3.) Courage instead of fear.*
- 4.) Peace of mind instead of confusion.*
- 5.) Self-respect instead of self-contempt.*
- 6.) Self-confidence instead of helplessness.*
- 7.) The respect of others instead of their pity and contempt.*
- 8.) A clear conscience instead of a sense of guilt.*
- 9.) Real friendship instead of loneliness.*
- 10.) A clean pattern of life instead of a purposeless existence.*
- 11.) The love and understanding of our families instead of their doubts and fears.*
- 12.) The freedom of a happy life instead of the bondage of an Alcoholic obsession.*